

DAILY GUEST ACTIVITIES



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Participant
7 AM - 7 PM	Bicycle Rental Please enjoy riding our bike at Sanur area. IDR 50.000++/Hour/Bike IDR 80.000++/Hour/Bike Venue: Sanur Area							First Come First Serve
7 AM - 8 AM Complimentary	Sunrise Yoga Let's start your day with balancing your body, mind, and soul. Venue: Garden/Yoga Studio							Max 12 pax
8 AM - 11 AM	Sanur Bike Tour - 3 hours Exploring the Sanur area and visiting unique sites with cultural and historical significance around Sanur area. IDR 600.000++/Pax Venue: Sanur Area							Max 6 pax
10 AM - 11 AM Complimentary	Pilates Mat Class - Every Saturday Focuses on strengthening the core muscles through a series of exercises performed on the mat Venue: Yoga Studio							Max 10 pax
12 PM - 1 PM	Coconut Leave Creation Let's learn & improve your skill in created a special art from Bali IDR 50.000++/Pax Venue: Soekarno Lounge							Max 20 pax
1 PM - 2 PM	Balinese Dance Lesson Let's enhance your skills and knowledge of Balinese dance movements and the history behind them IDR 150.000++/Pax Venue: Yoga Studio							Max 10 pax
3 PM - 4 PM Complimentary	Beach Soccer It's time to show up your skill in shoot and make an amazing goal Venue: Beach Area							Max 10 pax
4 PM - 5 PM Complimentary	Aqua Aerobic Performing aerobic movements and exercises, such as stretching, jumping, and resistance training, using the resistance of the water to provide a low-impact but effective workout Venue: Main Pool							Max 20 pax
4 PM - 6 PM	Sanur Village Walk - 2 hours Exploring the northern Sanur area, offers a unique insight into the local specialties and cultural heritage, alongside the fishing environment that has shaped the identity of Sanur. IDR 450,000++/Pax Venue: Sanur Area							Max 6 pax
5 PM - 6 PM Complimentary	Run the Sanur Let's running at Sanur area in 5 KM or 8 KM accompany by our activity team. Venue: Sanur Area	Aeroboxing Aeroboxing is a physical exercise that combines elements of boxing with aerobic exercise. Venue: Fitness Center	Run the Sanur Let's running at Sanur area in 5 KM or 8 KM accompany by our activity team. Venue: Sanur Area	Aeroboxing Aeroboxing is a physical exercise that combines elements of boxing with aerobic exercise. Venue: Fitness Center	Run the Sanur Let's running at Sanur area in 5 KM or 8 KM accompany by our activity team. Venue: Sanur Area	Aeroboxing Aeroboxing is a physical exercise that combines elements of boxing with aerobic exercise. Venue: Fitness Center	Run the Sanur Let's running at Sanur area in 5 KM or 8 KM accompany by our activity team. Venue: Sanur Area	Max 10 pax

Terms & Conditions:

- This activity is available for individuals aged 13 and above.
- For reservations, please contact our Activities Desk via phone/WhatsApp at +62 811 3831 3079, or dial "7403" from your room. You can also email us at recreation.themeru@meruhotels.com.
- This offer cannot be combined with other promotions. Advance reservations are required.
- Activities and pricing are subject to change without prior notice.
- All outdoor activities are dependent on weather conditions and will be automatically canceled for safety reasons.
- All prices are in Indonesian Rupiah and are subject to a 10% service charge and 11% government tax.
- Bicycle rentals are available from 7 AM to 7 PM on a first-come, first-served basis. No reservation is required.